



*spa treatment menu*

SPA  
portofino

LICENSE NUMBER MMI2897

05.01.2024

## packages

### *signature package*

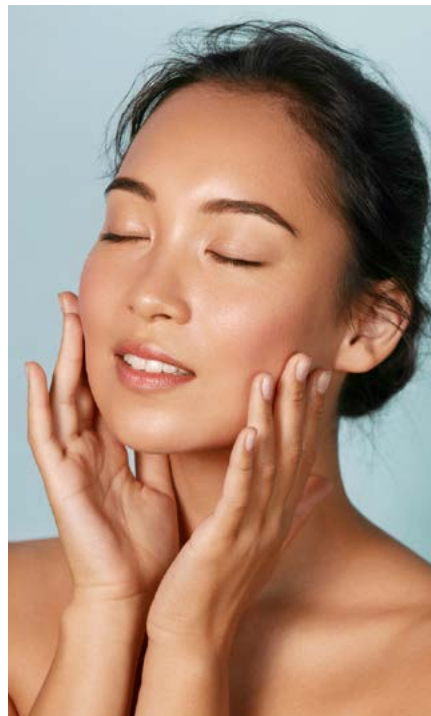
lose yourself in an 80 minute therapeutic massage, 50 minute Youthful Glow Skin Illuminating Facial and a 60 minute Sea Foam Mud Body Wrap

### *sea escape package*

indulge in a true escape of your senses with a rejuvenating 50 minute custom facial, 50 minute therapeutic massage and your choice of a remineralizing or firming body treatment

### *spa sampler*

delight in a 30 minute customized facial, 30 minute sea scrub and a 30 minute therapeutic body milk massage



## HydraFacial™



HydraFacial is an invigorating treatment that delivers long-term skin health and can be tailored to meet the specific needs of all skin types. While the normal HydraFacial protocol is a 30 minute treatment, it offers instant, noticeable results with no downtime or irritation. The HydraFacial treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums. The treatment is soothing, refreshing, non-irritating and immediately effective.

### *Signature HydraFacial™*

this treatment deeply cleanses, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides and hyaluronic acid.

### *Platinum HydraFacial™*

#### **THE ULTIMATE HYDRAFACIAL™ EXPERIENCE**

begin this detoxification process with lymphatic drainage. Continue with a deep cleanse, extractions and hydration of the skin while addressing specific skin care concerns. This HydraFacial™ includes the CTGF™ Boost and concludes with red LED Light Therapy. The Platinum HydraFacial™ features face, neck and décolletage for a luxurious experience.

### *Deluxe HydraFacial™*

this is an invigorating treatment that includes all the essentials of the Signature HydraFacial™ while addressing your skin concerns with advanced solutions to address your specific need. This treatment includes LED Light Therapy to further enhance therapeutic outcomes.

The Deluxe HydraFacial™ options:

#### **1. RESTORATIVE HYDRAFACIAL™**

CTGF™ (connective tissue growth factor) to improve the appearance of skin tone, texture, and elasticity and aids in antiaging.

#### **2. CLARIFYING HYDRAFACIAL™**

Extended extractions and both red & blue LED Light Therapy for oil congested skin, inflammation and bacteria.

#### **3. RADIANCE HYDRAFACIAL™**

BritenoL™ boost to minimize the appearance of dark spots and sun spots. Uses red LED Light Therapy.

#### **4. AGE REFINEMENT**

**HYDRAFACIAL™** DermaBuilder™ boost to reduce signs of aging with the use of peptides. Uses red LED Light Therapy.

# facials

## *supreme luxury facial*

with two professional masks and its unique resurfacing lotion, this treatment instantly reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity

## *circadia seasonal facial*

step up your skin-care game with our Seasonal Choice Facial featuring renowned products from Circadia® with scents that will enhance your entire experience

This breakthrough facial utilizes a controlled amount of luxury serums and exfoliations generated at optimal levels in the skin to prove maximum benefits and replace the ruddy look associated with acne, rosacea, and telangiectasia, resulting in a brighter complexion. Leaving any skin type with glowing, deeply cleansed and nourished skin

## *youthful glow illuminating facial*

brighten skin tone, reduce dark spots, and smooth away wrinkles with the perfect pairing of a 20% acid facial peel plus a soothing sheet mask

## *moisture quench hydrating facial*

restore ideal moisture levels to all skin types with hydrating elements from the ocean

## *seaside express facial*

enjoy an express facial that targets your specific skin care needs

## *seaside solutions custom facial*

customize a luxurious treatment with products designed to meet your skin's specific needs

## FACIAL ADD ONS

*Customize and enhance your facial with this collection of targeted treatments*

### *dermaplane*

dermaplaning removes unwanted peach fuzz (vellus hair) from the face and exfoliates the skin at the same time to create a smoother, glowing complexion

### *led light mask\**

utilize low level pulses of light to activate skin cells by converting light energy to promote healing and anti-aging and stimulate collagen formation

*Blue - reduces frequency of acne breakouts*

*Red - smoothes fine lines, wrinkles, and diminishes sun spots*

*Red & Blue - effective in treating acne, rosacea and UV damage*

*\*available only on select facial services*

### *eye perfection*

moisturize, smooth and firm the delicate skin around the eyes

### *plumping lip smoother*

quench dry, chapped lips and combat the signs of aging around the mouth

### *radiance peel*

reveal younger looking skin and increase the rate of cellular turnover

### *décolleté parfait*

target hyper-pigmentation and smooth creased skin on the lower neck and chest

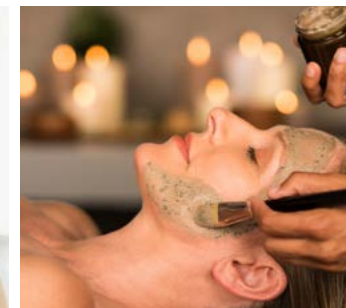
### *ice globes*

minimize puffiness, relief in sinus pressure, reduce redness and kick-starting circulation — which helps to provide a radiant glow to the skin

### *champagne of the sea*

#### *localized detox (self heating mud)*

a local application of Phytomer's warm, bubbly seaweed mud helps to relieve muscle tension and stress in your most over worked areas





# specialty treatments

## *sea glow body polish*

enjoy a thorough exfoliation of the body with this effective mechanical scrub enriched with expert marine ingredients

## *after sun rescue & body firming wrap*

*anti-aging, firming after weight loss or childbirth, post sun*

during this anti-aging body wrap every detail is looked after while cocooned in firming body gel, rich in anti-aging sea minerals

## *remineralizing body wrap*

*anti-stress, anti-fatigue, jet lag, recovery, moisturize*

if feelings of fatigue, stress, and low energy are creating imbalance for your well-being, sea water is the perfect solution

## *sea foam body wrap*

*muscle melter, tissue detox*

for tight muscles, joints, and tendons an intensely active marine mud will soothe sore tissue while toxins are drawn from deep within. Includes a luxurious application of ultra-moisturizing body milk to complete the experience

# body treatments + massage

## *CBD restore wrap* (does not contain THC)

revitalize from head to toe after everyday exposure to the elements with this warm shea butter, lotus, and CBD scrub and wrap. Bring harmony to the body with this CBD and arnica enhanced service that cares for tired muscles, soothes skin and re-boots the mind. Energize and revitalize with this warm infusion of CBD, Icelandic moss and coconut oil. Gentle rhythmic massage is used in combination with the warm oil to relax, ease muscle tension, and stimulate circulation.

## *slimming algae jam body wrap*

reinvent yourself with a 60-minute treatment to sculpt the figure, burn fat and reduce unwanted curves. Experience a whole-body slimming treatment, which combines a tonic massage and an original algae wrap, to refine curves, reshape and tone the silhouette.

## *sea holistic exfoliation & massage*

combining light strokes, pressure and stretching, this Thai-inspired body massage eliminates tension knots one by one while providing gentle heat. The body scrub with marine salt crystals restores the skin's natural softness. Gradually, your mind surrenders to bliss, and a lasting sense of wellness sets in.



## TREATMENT ADD ONS

### *foot treatment*

exfoliation to the feet to remove dead skin cells and replenish with a rich moisturizing mask followed by a foot massage to relax your entire body.

### *champagne of the sea*

*localized detox* (self heating mud)  
a local application of Phytomer's warm, bubbly seaweed mud helps to relieve muscle tension and stress in your most over worked areas.

### *CBD relief*

bring harmony to the body with this organic CBD and passionflower enhanced service that cares for tired muscles, soothes skin and re-boots the mind.

### *hand treatment*

exfoliation to the hands to remove dead skin cells and replenish with a rich moisturizing mask followed by a hand massage for full-body relaxation.

### *cupping therapy*

an ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction. Experience improved blood flow, reduced inflammation and relaxed muscles.

### *back exfoliation*

dead skin cells are exfoliated with a body gommage followed by hydrating lotion application. Leaves back smooth and hydrated.

### *aromatherapy*

use of essential oils targeted for your specific need.



# massage

## *swedish relaxation massage*

light relaxing pressure to reduce stress and relax the body

## *sports massage*

sports massage includes different techniques that focus on manipulating the soft tissues of your body to correct imbalance caused by athletic performance with medium to firm pressure. Also applied with stretching techniques, beneficial for those who are looking to improve their range of motion, increase flexibility and relieve muscle aches caused from recurrent activity

## *prenatal*

this soothing massage session is designed specifically to release the tired and tense areas of the body that are most affected during pregnancy

## *deep tissue*

firm to intense pressure to deeply relax areas of chronic tension & stress

## *hot stone massage*

hot stone massage is a form of massage therapy that follows the same principles of Swedish Massage with the addition of heated stones, which helps lead to deep relaxation

## *himalayan salt stone massage*

a full body, muscular massage using medium pressure to massage the entire body. The warmth of the stones helps in achieving a greater sense of relaxation. Enhancement to the body through the salt stones technique. This restorative massage provides deep relaxation and helps to relax body, mind and spirit

## CABANA MASSAGES

### *swedish relaxation massage*

light relaxing pressure to reduce stress and relax the body

### *deep tissue*

firm to intense pressure to deeply relax areas of chronic tension & stress



Relax,  
Refresh,  
Recharge.



## nail care

a moisturizing scrub prepares the skin for nail shaping and a detailed cuticle grooming session. Skin is then hydrated with a gentle, relaxing massage and the experience concludes with a polish application for beautiful hands and feet.

- Manicure & Pedicure
- Polish change
- Classic Spa Manicure
- Paraffin dip
- CBD Relief Truffle Pedicure
- Add French
- Classic Spa Pedicure
- Acrylic soak off
- Buff Pedicure
- Add gel polish
- Buff Manicure
- Add soak off gel



### *CBD relief truffle pedicure*

soul to sole care is at the heart of this CBD and warm shea butter spa pedicure that brings the skin and body into harmony. A soothing leg and foot massage with our CBD and age defying paracress infused Balance Oil eases muscle tension and cares for skin

## tinting & waxing

### *tinting*

get the look of deep dark lashes without having to apply mascara

- Brow Tint
- Lash Tint

### *lash lift and tint*

Lash Lift and Tint is a semi-permanent treatment that involves two separate treatments that lifts, curls, and darkens your natural lashes. It is designed to give you beautiful, voluminous and long-lasting lashes that will make your eyes pop

### *paraffin dip*

Paraffin Dip added to your pedicure helps open pores and removes dead skin cells, helping make the skin supple and soft. When applied to the skin, it adds moisture and continues to boost the moisture levels of the skin even after the treatment is complete

### *waxing\**

- Brow
- Lip
- Bikini
- Brazilian
- Arms
- Legs
- Back
- Chest
- Underarms

*\*clients are responsible for informing service provider of any creams, lotions or other products that could interfere with waxing*

## bridal & special events

Your wedding is one of life's most magical moments, and Spa Portofino is the perfect partner to help you, your bridal party, or your entire wedding party get ready for your big day. For parties of 4+, a dedicated Spa Group Coordinator will ensure your pre-wedding gathering is extraordinary in every way.

We'll help the blushing bride-to-be get ready to walk down the aisle with a special spa day designed to enhance her beauty and radiance.

Make it a *bridal shower spa party* or bring along the entire wedding party – bridesmaids, groom, and groomsmen – for *pre-wedding prepping and pampering*.

### *let's get this party started*

Inquire at the Spa Desk or call 850.916.3455 to learn more and start planning your special day.



# *how to spa*

*To avoid rushing the check-in process, spa guests should arrive a minimum of **20 minutes** prior to their first scheduled appointment. Guests are encouraged to relax in the spa lounge to give their mind an opportunity to enter a peaceful and tranquil state prior to receiving services. Spa guests receive a robe, slippers and a locker at check in. Special draping practices are used during all treatments for guest comfort and privacy. Bathing suits are required in the jacuzzi.*

## *age requirements*

No one under the age of 21 is permitted in the spa lounge or locker room area. Some spa services may be booked for our guest's under 18, if accompanied by an adult.

**14-17 YEARS** - Guest may receive any of the services offered, but a parent must sign the intake form & accompany them at all times.

**18-20 YEARS** - Guest may receive any of the services offered and sign their own intake form, but are not permitted to use the spa amenities in the locker room. The guest will be escorted to and from the treatment room by their therapist.

## *cancellation notice*

All services cancelled or changed within 24 hours will be charged the full rate.

## *gratuity*

A 20% gratuity will be added to all spa services.

## *premier discount*

Premier spa guests will receive a 10% discount on all spa services.

## *no show*

Failure to arrive for appointment will be charged for the full cost of service, excluding the 20% gratuity.

