



spa treatment menu

facials

xmf youth revealing facial

with two professional masks and its unique resurfacing lotion, this treatment reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity instantly

youthful glow illuminating facial

brighten skin tone, reduce dark spots, and smooth away wrinkles with the perfect pairing of a 20% acid facial peel plus a soothing sheet mask

moisture quench hydrating facial

restore ideal moisture levels to all skin types with hydrating elements from the ocean

seaside solutions custom facial

customize a luxurious treatment with products designed to meet your skin's specific needs

seaside express facial

enjoy an express facial that targets your specific skin care needs

gentleman's facial

tailored to remedy the problems associated with daily shaving and excessive environmental exposure

detoxifying back facial with self-heating mud

experience an ultra-relaxing facial for the back using detoxifying marine products to deep cleanse and exfoliate while eliminating breakouts and congestion

FACIAL ADD ON'S

Customize and enhance your facial with this collection of targeted treatments

*led light mask**

utilize low level pulses of light to activate skin cells by converting light energy to promote healing and anti-aging and stimulate collagen formation

Blue - reduces frequency of acne breakouts

Red - smoothes fine lines, wrinkles, and diminishes sun spots

Red & Blue - effective in treating acne, rosacea and UV damage

**available only on select facial services*

eye perfection

moisturize, smooth and firm the delicate skin around the eyes

plumping lip smoother

quench dry, chapped lips and combat the signs of aging around the mouth

radiance peel

reveal younger looking skin and increase the rate of cellular turnover

décolleté parfait

target hyper-pigmentation and smooth creased skin on the lower neck and chest



Relax,
refresh,
recharge.



packages

signature package

lose yourself in an 80 minute therapeutic massage, 50 minute Youthful Glow Skin Illuminating Facial, and a 60 minute Sea Foam Mud Body Wrap

sea escape package

indulge in a true escape of your senses with a rejuvenating 50 minute custom facial, 50 minute therapeutic massage and your choice of a remineralizing or firming body treatment

spa sampler

delight in a 30 minute customized facial, 30 minute sea scrub and a 30 minute therapeutic body milk massage

specialty treatments

remineralizing body polish

enjoy a thorough exfoliation of the body with this effective mechanical scrub enriched with expert marine ingredients

massage and wrap with algae jam

experience a whole-body slimming treatment, which combines a tonic massage and an original algae wrap, to refine curves, reshape and tone the silhouette

after sun rescue & body firming wrap

anti-aging, firming after weight loss or childbirth, post sun

during this anti-aging body wrap every detail is looked after while cocooned in firming body gel, rich in anti-aging sea minerals

remineralizing body wrap

anti-stress, anti-fatigue, jet lag, recovery, moisturize

if feelings of fatigue, stress, and low energy are creating imbalance for your well-being, sea water is the perfect solution

sea foam body wrap

muscle melter, tissue detox

for tight muscles, joints, and tendons an intensely active marine mud will soothe sore tissue while toxins are drawn from deep within. Includes a luxurious application of ultra-moisturizing body milk to complete the experience

body treatments + massage

renewing exfoliating ritual

Bask in therapeutic relaxation with the best of both worlds. After muscle relaxing, Self Heating Mud packs are applied to the spine. An exfoliation is performed using a creamy exfoliant infused with an endorphin releasing aromatherapy serum, which has a similar mood enhancing actions as those provided by the sun to simultaneously revitalize the skin and senses.

treasures of the sea treatment

Immerse the senses and bring the body back into balance. This unique treatment includes a specialized lymphatic massage performed with Relaxing and Draining Elixirs to melt tight muscles and increase circulation. Followed by an application of moisture rich body cream.

sea holistic exfoliation & massage

Combining light strokes, pressure and stretching, this Thai-inspired body massage eliminates tension knots one by one while providing gentle heat. The body scrub with marine salt crystals restores the skin's natural softness. Gradually, your mind surrenders to bliss, and a lasting sense of wellness sets in.



massage

swedish massage

Light relaxing pressure to reduce stress and relax the body

deep tissue

Firm to intense pressure to deeply relax areas of chronic tension & stress

prenatal

This soothing massage session is designed specifically to release the tired and tense areas of the body that are most affected during pregnancy.

hot stone massage (spa only)

Hot stone massage is a form of massage therapy that follows the same principles of Swedish Massage with the addition of heated stones, which helps lead to deep relaxation

CABANA MESSAGES *(only offered at Portofino Island Resort)*

swedish massage

Light relaxing pressure to reduce stress and relax the body

deep tissue

Firm to intense pressure to deeply relax areas of chronic tension & stress

treatment add-on's

foot treatment

Exfoliation to the feet to remove dead skin cells and replenish with a rich moisturizing mask followed by a foot massage to relax your entire body.

back exfoliation

Dead skin cells are exfoliated with a body gommage followed by hydrating lotion application. Leaves back smooth and hydrated.

champagne of the sea localized detox (self heating mud)

A local application of Phytomer's warm, bubbly seaweed mud helps to relieve muscle tension and stress in your most over worked areas.

aromatherapy

Use of essential oils targeted for your specific need

in-room massage (only offered at Portofino Island Resort)

cupping therapy

An ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction. Experience improved blood flow, reduced inflammation and relaxed muscles.

kansa wand

Made of Kansa, a sacred bronze recognized in India as a healing metal, this smooth, domed tool heats up as it is massaged into the skin. It's benefits include relieved stress, enhanced health, increased energy, and glowing skin.

couples massage



nail care

A moisturizing scrub prepares the skin for nail shaping and a detailed cuticle grooming session. Skin is then hydrated with a gentle, relaxing massage and the experience concludes with a polish application for beautiful hands and feet.

Classic Spa Manicure	Classic Spa Pedicure
Buff Pedicure	Manicure & Pedicure
Add French	Add gel polish
Add soak off gel	Add exfoliation & mask
Polish change	Acrylic soak off
Paraffin dip	
Gentleman's Manicure	Gentleman's Pedicure



tinting & waxing

tinting

Get the look of deep dark lashes without having to apply mascara

Brow Tint	Lash Tint
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waxing*

Brow	Lip
Bikini	Brazilian
Arms	Legs
Back	Chest

Underarms

**Clients are responsible for informing service provider of any creams, lotions or other products that could interfere with waxing*



how to spa

To avoid rushing the check-in process, spa guests should arrive a minimum of 15 minutes prior to their first scheduled appointment. Guests are encouraged to relax in the spa lounge to give their mind an opportunity to enter a peaceful and tranquil state prior to receiving services. Spa guests receive a robe, slippers and a locker at check in. Special draping practices are used during all treatments for guest comfort and privacy. Bathing suits are required in the jacuzzi.

age requirements

No one under the age of 21 is permitted in the spa lounge or locker room area. Some spa services may be booked for our guest's under 18, if accompanied by an adult.

14 YEARS - Guest may receive a Manicure or Pedicure, but a parent must sign the intake form & accompany them at all times.

14-17 YEARS - Guest may receive any of the services offered, but a parent must sign the intake form & accompany them at all times.

18-20 YEARS - Guest may receive any of the services offered and sign their own intake form, but are not permitted to use the spa amenities in the locker room. The guest will be escorted to and from the treatment room by their therapist.

cancellation notice

All services cancelled or changed within 24 hours will be charged the full rate.

gratuity

A 20% gratuity will be added to all spa services

premier discount

Premier spa guests will receive a 10% discount on all spa services

